



Covid-19 Safety Policy & Procedures

For use in general but specific to Customs House

Dream Time Creative & Dream Time Baby Massage

We put your safety at the heart of what we do which is why we are adhering to government guidelines BUT because we think the government need a bit of a slap, we've gone ahead and put extra measures in place as well.

All facilitators are working with their places of delivery and are following their guidelines and risk assessments as well.

Individual responsibility plays a role so:

If you feel unwell (particularly if you have a cough) or show any symptoms of Covid-19 please DO NOT COME TO THE GROUP **** (see note below for an alternative option)

Collective responsibility & our support in that

ALL DREAM TIME BABY MASSAGE TEACHERS HAVE COMPLETED AN INFECTION CONTROL COURSE – PLEASE CHECK THEIR FB PAGES FOR THIS INFORMATION.

All surfaces you may touch as you enter and exit Customs House will have been cleaned – by us.

The door buzzers – cleaned by us.

The door handles and pads – cleaned by us.

The lift key pad – cleaned by us.

The stair railing – cleaned by us.

The toilets – cleaned by us.

TOILETS

BABY MASSAGE

The large toilet dedicated as a disabled space will be offered exclusively to Dream Time Baby Massage mums. There is a baby changing table in there that is cleaned by us. There is a covered bin for paper towels, & liquid soap. Please ensure you WASH YOUR HANDS.

BAG NAPPIES UP AND TAKE THEM WITH YOU. DO NOT LEAVE NAPPIES BEHIND. YOU MUST TAKE THEM WITH YOU. THEY ARE A SOURCE OF POTENTIAL HIGH INFECTION AND MUST BE YOUR RESPONSIBILITY.

DREAM TIME CREATIVE GROUPS

The toilet to the left with the Dream Time Creative (platypus) sign on is a dedicated Dream Time Creative Toilet and constantly cleaned by us. Please use the liquid soap and dispose of the paper towels in the covered bin.

TOILETS AND TOILET AREAS WILL BE CLEANED BY US BEFORE AND AFTER EACH SESSION.

PHYSICAL DISTANCE NOT SOCIAL SEPARATION

- Wear a mask into the building.
- Enter the building one at a time. You have a choice to come up the lift (rear) or the stairs to the first floor. Follow the signs to your Dream Time Experience keeping a 2 metre distance from any others.
- DREAM TIME BABY MASSAGE – there is a pram park – please park under one of the Dream Time Baby Massage pictures – they are 1 ½ metres apart. Please leave anything you do not need to bring into your dedicated Dream Time Space with your pram. It is safe as the entrance door will be locked once everyone has arrived and the majority of the corridor is a Dream Time Space.
- You will see a hand sanitising station on the window sill – please sanitize your hands before entering your dedicated room and are settled in your own dedicated space.
- DREAM TIME BABY MASSAGE – your individual packs for class with your name and a number on will be available to pick up from the window sill immediately outside – please pack them up and return them on your way out.
- Please wear a mask until you are in your dedicated room and space.
- DREAM TIME BABY MASSAGE Once you have chosen your place in the circle (2 meter distance between each space) please put your towel down on your mat on arrival and sit down. The mats will be cleaned before and after class.
- Your facilitator will wear a mask whilst groups are arriving until everyone is in their dedicated space.
- DREAM TIME CREATIVE GROUPS you will be asked to sit 2 metres away from other members on our dedicated sofas.
- Windows and doors will be open during all sessions to allow for maximum ventilation.

IF AT ANY TIME YOU BEGIN TO FEEL UNWELL PLEASE TELL THE FACILITATOR.

*** If you find yourself in a situation where an older child is off school due to illness you are invited to join the class via the wonders of technology. Some teachers will offer you the opportunity to tune in via FB messenger so you don't have to miss the class. This will be part of your block of 6.

